



## Celebrate National Sleepover Day with an Operation Kindness Pet

The animal welfare organization encourages the community to take home shelter animals, even for just one night, to help shelter population and animal wellbeing

**FOR IMMEDIATE RELEASE (Carrollton, Texas)** – Today is National Sleepover Day, and there's no better way to celebrate than by opening your heart and home to a furry friend in need. [Operation Kindness](#) invites the public to join them in commemorating this special day by participating in their [foster program](#) and taking one of their available pets home for a sleepover!

Fostering a pet isn't just about providing temporary shelter; it's about creating memorable moments and forging connections that can last a lifetime. Whether you choose to participate in our [Foster First program](#) and are interested in bringing a new pet into your family, or you act as a short or long-term foster for our pets that could use a break from the shelter environment, you're making a difference in that pet's life.

"Fostering plays a crucial role in our mission to save lives and provide loving homes for animals in need," Operation Kindness CEO Ed Jamison said. "By opening your heart and home, you're not only saving a life; you're also creating space for another animal in need."

Operation Kindness' Foster First program is designed to give both pets and potential adopters the opportunity to get to know each other in a home environment before making a permanent commitment. By participating in Foster First, community members can bring a shelter pet home for a few nights of love and laughter, providing valuable insight into their personality, quirks and habits while giving them a much-needed break from the shelter.

Short-term fostering offers a brief but impactful opportunity to provide a safe and loving environment for animals who may require extra care, socialization or time to heal from illness or injury. It's a chance to make a difference in the life of a pet while they await their new home, knowing that your kindness and compassion are helping them on their journey.

Long-term fostering, on the other hand, provides a more extended commitment, typically ranging from several weeks to months. It offers the chance to make a lasting impact on a pet's life, providing stability, love and support as they prepare for adoption. For animals who may need extra time to overcome behavioral issues, medical concerns or simply find the right match, long-term fostering can be a lifeline.

But the benefits of fostering extend beyond just finding the perfect match. Research has shown that spending time with animals can have a positive impact on human health and well-being. From reducing stress and anxiety to boosting mood and overall happiness, the companionship of a pet can make a significant difference in humans lives, even if it's just for a short time.

So why not make this National Sleepover Day one to remember by fostering a pet for either just the night or for a little longer? You can learn more about Operation Kindness foster programs on their foster [webpage](#), and check out the animals currently in need of fosters [here](#).

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### **About Operation Kindness**

Operation Kindness, a 501(c)(3) non-profit animal welfare organization, operates a lifesaving animal shelter and programs to assist people and pets. Founded in 1976, Operation Kindness is a pioneer in Texas for assisting animals in need of veterinary care, companionship and most of all, a home.

In addition to pet adoptions and lifesaving medical care, Operation Kindness' programs provide foster care for vulnerable animals, behavior and training support for pet parents, affordable veterinary services for community pets, a pet food pantry, volunteer opportunities and professional training. To learn more about Operation Kindness, please visit their website at [www.operationkindness.org](http://www.operationkindness.org).

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