

OPERATION KINDNESS' GUIDE TO CAT ENRICHMENT

HOW TO KEEP YOUR CAT ENGAGED

Try out these tips
to keep your cat
active, healthy and
entertained!

FOOD/SMELL

Encourage your cat to use their love for
treats or sense of smell to have fun! Try...



Catnip

**Frozen cat food and treats
on bottle caps/ frisbees**

Treats in a toilet paper roll

COGNITIVE

Keep your kitty's brain sharp! Try...

Puzzle toys

Snuffle mats

Training exercises



SOCIAL

Help your cat stay social! Try...

**Playtime with
other cats**

Laser pointers

Window perches



SENSORY

Engage your cat's senses to keep them
occupied! Try...

Wand toys

**Monitored outdoor
exploration**

Sand boxes

**Toys with sounds and
colors**

